

# **LIFESTYLE BULLETIN**

<u>Gran Paradiso at the West Villages</u> 20125 Galleria Boulevard Venice, FL 34293 (941) 234-0450

**HOA Office Hours:** 9:00am - 5:00pm, Monday - Friday Weekend hours added soon



### Hey, Gran Paradiso Residents! Want to earn some extra income?

**Community Media** (the publication company for this newsletter) is hiring part time people to assist in the production of this monthly newsletter and others. These positions will be in our Venice Island office (by Venice High School)



#### **Requirements:**

- Ability to stand for multiple hours at a time
- Good manual dexterity
- Be available ~20 hours the 15th-30th of each month
- Able to follow simple instructions

#### Compensation:

- \$14.00 per hour
- Fun and Fast Paced Environment
- You'll see "behind the scenes" of how your newsletter is made!



### 220 Bahama St., Venice, FL 34285



### Did You Know? Your community receives this newsletter for FREEbeause of paid advertiser sponsors! Look for this logo! SER ۵D۱ When searching for home services, health care providers, insurance, and almost anything else... **Reference your newsletter first!** These businesses choose to support your community newsletter, please let them know you appreciate them! 941-375-3699 220 Bahama St. COMMUNİTY media Venice, FL 34285 **BEST TILE SELECTION IN VENICE** Natural Stone Glass Tile SUPPLY Hardwood LE 232 Bahama Street • Venice, FL 34285 (On the Island of Venice) PorcelainTile Setting Material

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(941)

Gran Paradiso - Lifestyle Bulletin

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# <u>"Your Castle Management Team"</u>







 Kelli Colwell
 Aaron Cook

 Property Manager
 Assistant Property Manager

 kcolwell@castlegroup.com
 acook@castlegroup.com



Liz Marshall Lifestyle Director emarshall@castlegroup.com



Nelson Herrera Front Desk Admin nherrera@castlegroup.com



Lindsay Perez Administrative Assistant lindsay.perez@castlegroup.com



Dan Zuknik Maintenance Manager dzuknik@castlegroup.com

# **Gran Paradiso Board of Directors**

Board of Directors email: CPBOD@granparadisohoa.com



Bill Kellv

President

No Photo Available

Chris Zagaja Vice President



Pam Kantola Treasurer



Steve Glunt Secretary



Sal Biglio Director 1



Michael Tucker

**Director 2** 



Chris Lundberg Vice Director 3

## **Quick Reference Phone Numbers**

**Emergency 911 City of North Port. Non- Emergency** 941-426-3111 **Fire Department** 941-316-1217 Water Department (North Port Utilities) 941-429-7000 Florida Power and Light (FPL) 800-468-8243 Hotwire 800-355-5668 **Gran Paradiso POA** 941-234-0450 **Lennar Customer Care** 866-226-4057 **North Port Solid Waste** (941) 240-8050



For Advertising Info Contact Community Media - 941-375-3699

## Gran Paradiso Contacts

Gran Paradiso Property Owner's Association 941-234-0450

**Clubhouse Office Front Desk** 

Nelson Herrera 941-234-0450

> <u>ARC</u> 941-234-0450



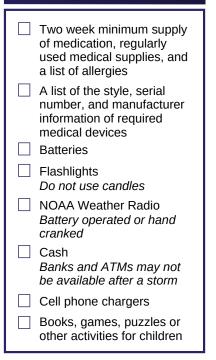
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# DISASTER SUPPLY KIT CHECKLIST 📈



#### General



#### Phone Numbers

Maintain a list of important phone numbers including: County emergency management office, evacuation sites, doctors, banks, schools, veterinarian, a number for out of town contacts, friends and family

#### Clothing

Rain gear such as jackets, hats, umbrellas and rain boots

Sturdy shoes or boots and work gloves

#### Special Needs Items

Specialty items for infants, small children, the elderly, and family members with disabilities

	First Aid						
	First Aid Manual						
	Sterile adhesive bandages of different sizes						
	Sterile gauze pads						
	Hypoallergenic adhesive tape						
	Triangular bandages						
	Scissors						
	Tweezers						
	Sewing needle						
	Moistened towellettes						
	Antiseptic						
	Disinfectant wipes						
	Hand sanitizer						
	Thermometer						
	Tube of petroleum jelly						
	Safety pins						
	Soap						
	Latex gloves						
	Sunscreen						
-							

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- Aspirin or other pain reliever
- Anti-diarrheal medicine
- Antacid
- Laxative
- Cotton balls
- O-tips

#### Food and Water

Food

#### Nonperishable packaged or canned food and beverages, snack foods, juices, baby food, and any special dietary items to last at least 7 days

- Water
- 1 gallon per person per day
- Non-electric can opener
- Paper plates
- Napkins
- Plastic cups
- Utensils

#### Important Documents

Insurance cards Medical records Banking information Credit card numbers Copies of social security cards Copies of birth and/or marriage certificates Other personal documents Set of car, house, and office keys Service animal I.D., veterinary records, and proof of ownership Information about where you receive medication, the name of the drug, and dosage Copy of Will \*Items should be kept in a water proof container

#### Vehicle

Keep your motor vehicle tanks filled with gasoline

#### Pet Care Items

- Pet food and water to last at least 7 days
- Proper identification
- Medical records/microchip information
- A carrier or cage
- Muzzle and leash
- Water and food bowls
- Medications
- Supplies for your service animal

Find more disaster preparedness tips at FloridaDisaster.org



# SAVE THE DATES!

- MAY 1: TRIVIA w/ TIM Billiards Room 6PM \$5
- MAY 1: BUNCO in Craft Room 6:30PM \$10
- MAY 4: Tacos Y Rocko Whiskey Beach Band 4-7PM
- MAY 7: Stock Investing with Bob Craft Room 10AM
- MAY 9: B.B Entertainment by the Pool & Food Trucks 4-7pm
- MAY 10: Build Her A Bouquet Clubhouse 10AM

MAY 10: Music BINGO at the Pool - 12 - 2PM \$3 a sheet

- May 11: MOTHERS DAY
- MAY 15: Summerhill Emergency Financial Seminar 9AM
- MAY 15: TRIVIA w/ TIM Billiards Room 6PM \$5
- MAY 16: F.P.L Storm Season Meeting Craft Room 6pm \*
- MAY 19: History Club Craft Room 7pm
- MAY 20: Read Between the Wines Book Club Library 6:30
- MAY 21: Whiskey & Cigar gathering Covered Patio 6:30PM
- MAY 22: BLOOD DRIVE Parking Lot | 11AM- 5PM
- MAY 23: Amy Rice Music by the Pool & Food Trucks 4-7pm
- MAY 24: Music BINGO at the Pool 12 2PM \$3 a sheet
- MAY 26: MEMORIAL DAY Flag & Trumpet Ceremony 7:50AM
- MAY 29: TRIVIA w/ TIM Billiards Room 6PM \$5
- JUNE 5: C.E.R.T Hurricane Preparedness 6PM \*
- JUNE 7: Health & Wellness Symposium 10AM 2PM
- JUNE 11: Join DDK to create unique bottle art Craft Room 6PM \*

\*Requires registration or RSVP

Dont forget to add our regular social clubs & games to your calendar, seen on the graphics in the following pages.

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#### **Gran Paradiso** Thursday, May 22 11:00 AM - 5:00 PM

All donors receive\*:

- \$20 eGift Card
- Trucker Hat

- Wellness Checkup including blood pressure, pulse, temperature, iron count, and cholesterol screening.

Fact: Only 3% of those who are eligible actually donate blood.

Appointments are encouraged, please visit oneblood.org/donate use sponsor code 38364

ID REQUIRED

- PLUS -

oneblood

PLUS



# **Blood Donor**

Thank you for participating in the blood drive at Gran Paradiso on Wednesday, March 26, 2025

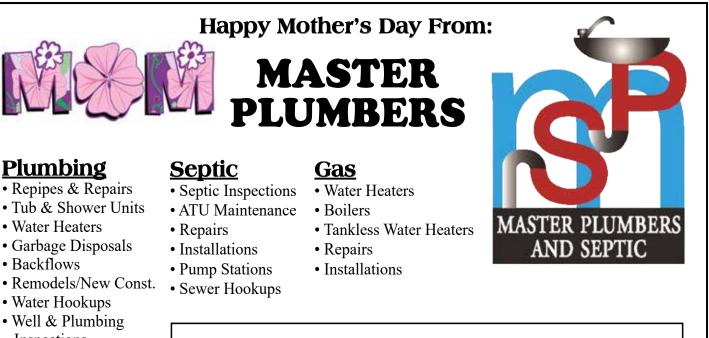
BRASSARD DAVID MARSHALL ELIZABETH PADMANABHAN GANGAIKONDAN ALACKNESS JAMES ANTHONY MAURUS JOHN MILLER MICHAEL MOONEY PATRICK MENEFF RONALD FRANK CALAMITA VALENTINA

PURCELL DOUGLAS MOONEY ERIN DUKE GUNNER

DONOVAN JEROME

SULLIVAN JOYCE WOODY NYCOLE KUHN RICHARD HOEFT STUART

JOHNSON WADE

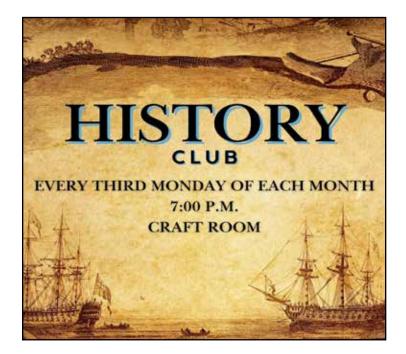


Inspections



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North Port (941) 429-8200 Venice/Sarasota (941) 497-7900 Bradenton/Lakewood Ranch (941) 747-9700 www.masterplumbersfl.com





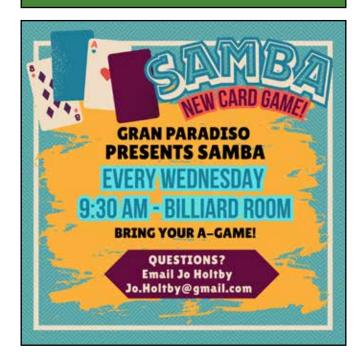
Receipe Desween Book club Book club Lvery 3<sup>rd</sup> Tuesday of the Month 6:30pm - in the ClubhouseLibrary For More InfostEmcfillKethisyn Repmoen@comcostine()

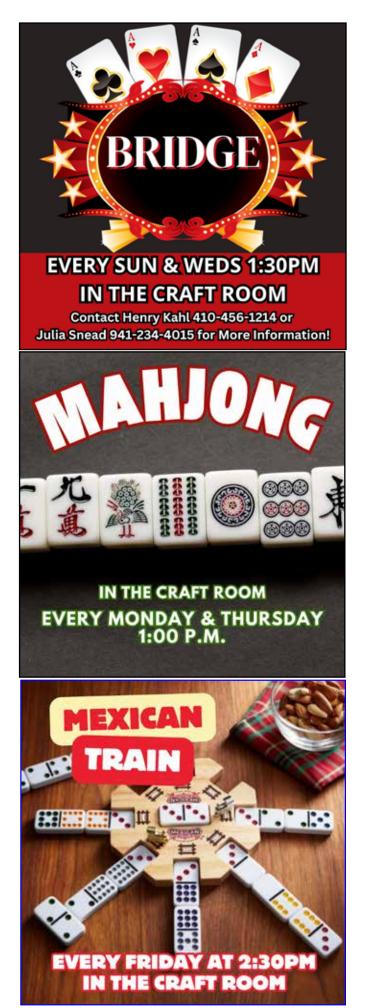


## EVERY TUESDAY - 1 P.M. CRAFT ROOM

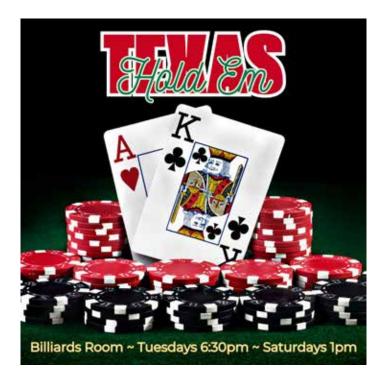
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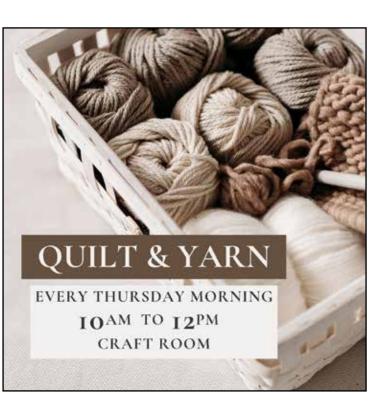
**TERNIS SCHEDULE** Monday - 8:00am to 10:00 am Tuesday - 8:30am to 10:30am Wednesday - Optional Lunch Schedule Thursday - 8:30am to 10:30am Friday - 8:30am to 10:30am Saturday - 10:00am to 12:00pm

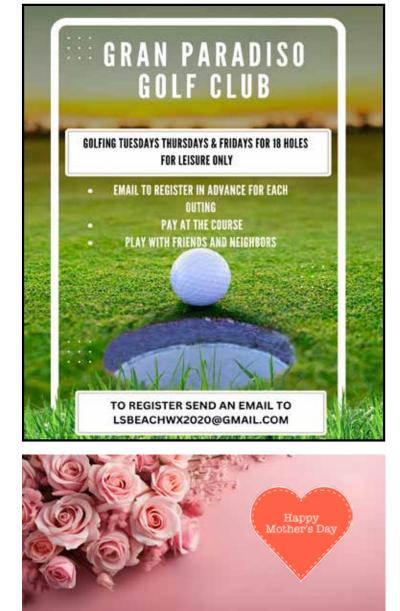


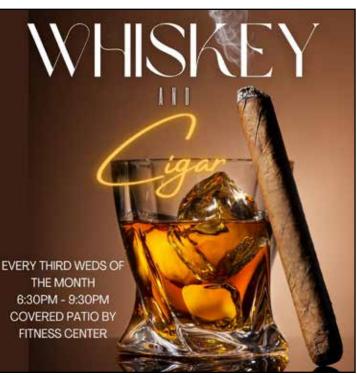






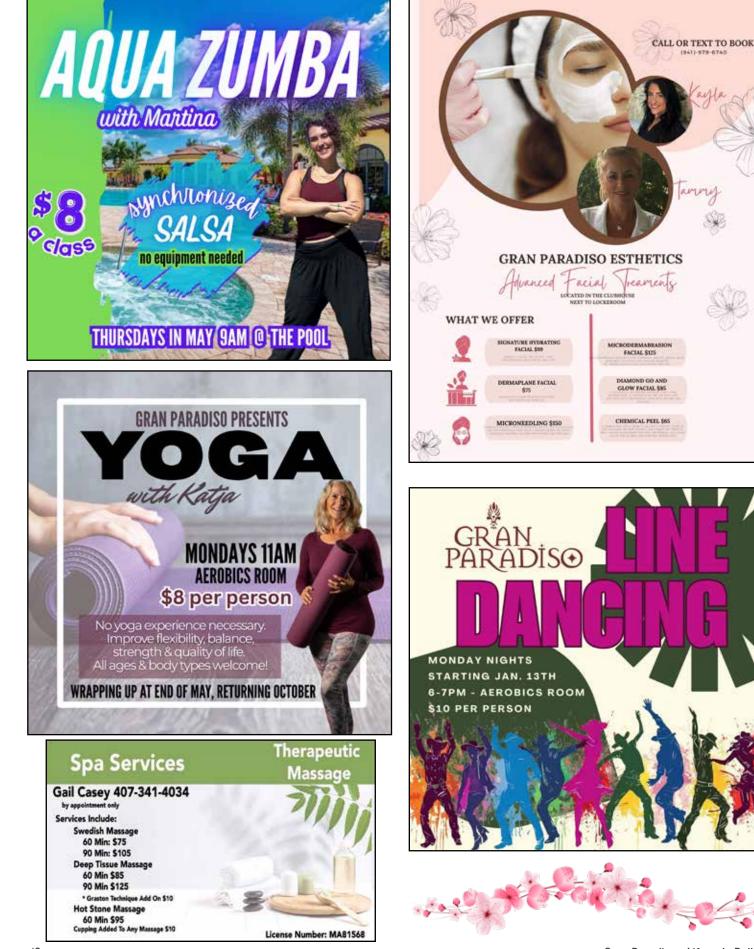








# **Gran Paradiso Health & Fitness**



			Sund				Open			
			Saturday		. Open Play					
	www.granparadisopickleball.com		Friday	Open Plav		Open Play	Open Play		Open Play	
	WWW.G		Thursday	Open Plav		League - Debbie's 6:30-9pm May-July	Open Play		Open Play	
	- July 2025		Wednesday	Open Plav		Open Play	Open Play		Open Play	
	May		Tuesday	Open Plav		League - Debbie's 6:30-9pm May-July	Open Play		Open Play	
DISO	Gran Paradiso Pickleball Calendar,		Monday	Open Plav		Open Play	Open Play		Open Play	
E E	diso Pi		Courts	1-4	5 - 8	1-4	5 - 8	1-4	5 - 8	
PAF	<b>Gran Para</b>		Time	7 am - 6:30 pm		6:30pm - 9pm		9pm - 9:30 pm		

Open Play: All levels welcome, 4 on - 4 off rule

# May

# 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*Times/Dates are Subject to Changes or Cancellations* Please Website for Up-to-Date Calendar* AR – Aerobics Room LB – Library P – Pool CR – Craft Room BR – Billiards Room CP – Covered Patio CH – Clubhouse PL – Parking Lot			1 9:00am (P) AQUA Zumba w Martina 10:00 (AR) Total Release 10:00 a.m. (CR) Quilt & Yarn 1:00 p.m. (CR) Mahjong 6:30 p.m. (CR) Bunco - \$10 6:00 p.m. (BR) TRIVIA with TIM	2 9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 11:00 am (BR) Coach Homes IV Board 12:00 p.m. (CR) Ponds & Preserves Meeting 2:30 p.m. (CR) Mexican Train	1:00 p.m. (BR) Texas Hold 'Em
4 1-5:00pm (CR) Activity Reserved Bridge 1:30 p.m (BR)	5 9:00am (AR) Zumba with Martina 9:30 a.m. (P) Water Aerobics 11:00 p.m. (AR) Yoga 1:00 p.m. (CR) Mahjong 6:00 p.m. (AR) Line Dancing	6 9:00 a.m. (AR) Strength Class 9:30 a.m. (CR) Fine Review Committee 9:00 a.m. (LB Book Arranging 9:30 a.m. (CR) Fine Review Committee 1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing 6:30 p.m. (BR) Texas Hold 'Em	7 9:30 a.m. (LB) ARC Meeting 9:30 a.m. (P) Water Aerobics 9:30 a.m (BR) Samba 10:00 a.m. (CR) Stock Investors Group 11:00 a.m. (AR) Sound Bath Healing 12:00 p.m. (CR) Wellness Weds 1:30 p.m. (CR) Bridge 6:30 p.m. (BR) Poker	8 9:00am (P) AQUA Zumba w Martina 10:00 (AR) Total Release 10:00 a.m. (CR) Quilt & Yam 1:00 p.m. (CR) Mahjong	9 9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 2:30 p.m. (CR) Mexican Train 4 - 7 p.m (P & PL)) FOOD TRUCK FRIDAY & MUSIC	9 a.m (CH) Build your own bouquet 1:00 p.m. (BR) Texas Hold 'Em 12pm - 2pm (P)) Music Bingo
11 1:30 p.m. (CR) Bridge	12 9:00am (AR) Zumba with Martina 9:30 a.m. (P) Water Aerobics 11:00 a.m. (AR) Yoga 1:00 p.m. (CR) Mahjong 5:30 p.m. (CR) Republican Club 6:00 p.m. (AR) Line Dancing	1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing 6:30 p.m. (CR) CERT Meeting 6:30 p.m. (BR) Texas Hold 'Em	14 9:30 a.m. (P) Water Aerobics 9:30AM (BR) Samba 11:00 a.m. Sound Bath Healing 6:30 p.m. (BR) Poker 6:30 p.m (CR) Euchre 6:30 p.m. (CP) Troop 154	15 9:00am (P) AQUA Zumba w Martina 9a.m - 10a.m (CR) Summerhill Hurricane Prep 9:30 a.m. (LB) Landscaping Committee 10:00 (AR) Total Release 12 -3:00pm (CR) Ponds and Preserves 10:00 a.m. (BR) Quilt & Yarn 1:00 p.m. (BR) Mahjong 6PM (Br) Trivia with TIm	16 9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 2:30 p.m. (CR) Mexican Train 6pm (CR) F.P.L CERT w/ refreshments	1 1:00 p.m. (BR) Texas Hold 'Em
18 1:30 p.m. (CR) Bridge	19 9:00am (AR) Zumba with Martina 9:15 a.m. (LB) Infrastructure Committee 9:30 a.m. (P) Water Aerobics 11:00 a.m. (AR) Yoga 1:00 p.m. (CR) Mahjong 6:00 p.m. (CR) Mahjong 7:00 p.m. (CR) History Club	20 1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing 6:30 p.m. (BR) Texas Hold 'Em 6:30 p.m. (LB) Read Between the Wines Book Club	21 9:30 a.m. (LB) ARC Meeting 9:00-9:45am High-Intensity Interval Training (Low-Impact) 9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Stock Investors Group 11:00 a.m. Sound Bath Healing 1:30 p.m. (CR) Bridge 6:30 p.m. (CR) Troop 154 6:30 p.m. (CR) Troop 154 6:30 p.m. (CP) Whiskey & Cigar	22 9:00am (P) AQUA Zumba w Martina 10:00 a.m. (CR) Quilt & Yarn 1:00 p.m. (CR) Mahjong 6:00pm (AR) Ballroom Dancing 11am – 5pm (PL) Big Red Bus Blood Drive 5pm (CH) B.O.D meeting	23 9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 2:30 p.m. (CR) Mexican Train 4 - 7 p.m (P & PL) FOOD TRUCK FRIDAY & MUSIC	1:00 p.m. (BR) Texas Hold 'Em 12pm - 2pm (P) Music Bingo
25 1:30 p.m. (CR) Bridge	26 MEMORIAL DAY Trumpet by the flag 9:30 a.m. (P) Water Aerobics 11:00 a.m. (AR) Yoga 1:00 p.m. (CR) Mahjong 6:00 p.m. (AR) Line Dancing	27 9:30 a.m. (LB) Ponds & Preserves Committee 1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing 6:30 p.m. (BR) Texas Hold 'Em	28 9:30 a.m. (P) Water Aerobics 9:30AM (BR) Samba 11:00 a.m. Sound Bath Healing 1:30 p.m. (CR) Bridge 6:30 p.m. (CR) Poker 6:30 p.m. (CR) Euchre 6:30 p.m. (CP) Troop 154	29 10:00 (AR) Total Release 10:00 a.m. (CR) Quilt & Yam 1:00 p.m. (CR) Mahjong 6:00 p.m. (BR) TRIVIA with TIM	30 9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 2:30 p.m. (CR) Mexican Train 7 p.m. (CR) Gym Activities Meeting	3 1:00 p.m. (BR) Texas Hold 'Em





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Mail it back to us at:

Community Media | 220 Bahama St. Venice, FI 34285 Every month we draw new tickets for CASH PRIZES and mail winners a check!

#### Every Month is a New Chance to Win! ONE drawing for \$100 | TEN drawings for \$10

V	•	
Winner		Vendor Drawing Date - 4/10/2025
Ulrike Freiermuht	\$100	Clear-Vue
Mickey Filipczak	\$10	Boss Electric
Douglas Noel	\$10	Air Masters of Pinellas
Allan Berge	\$10	AMS
Marty Dietz	\$10	Battleline Termite & Pest Control
Charlene Tamborini	\$10	Jones & Sons Plumbing
Carol Downing	\$10	Air Masters of Pinellas
Jane Singer	\$10	Battleline Termite & Pest Control
Kevin Green	\$10	Barron's A/C
Marilyn Goodridge	\$10	Ron Wyngarden Mobile Home Wash
Lillian Forbes	\$10	Air Masters of Pinellas

Limit one ticket per advertiser's service per quarter(3 month period)

· Customer must have paid for advertiser's service to play ·

· Contest void where prohibited by law ·

Checks will be mailed within 120 days of drawing date

Questions?: info@4communitymedia.com or 941-375-3699

#### **Best of Venice Winner for 2024**



## Is There a Hearing **Problem?**

Blair Post, HAS, BC-HIS, ACA

Board Certified Hearing Instrument Sciences American Conference of Audioprosthology

Joe's checkup is ending, and his doctor asks, "Is there anything else?"

Joe says, "I don't think my wife is hearing well. What can I do?"

The doctor recommended a simple exercise to determine if it was her hearing. Stand about 50 feet away from your wife, when her back is to you so she can't see you. Ask her a general question and see if she answers. If she doesn't answer, step closer and ask again. If she doesn't answer, take another step closer and ask again. Keep doing this until you know she heard the guestion and answered it.

Joe went home and did the exercise. Joe stood in the hallway behind his wife while she was in the kitchen cooking. He asked in a clear, steady voice, "Honey, what's for dinner?" No reply. So, he took a step closer and asked again. No reply. So, he took a step closer and asked again.

After five times his wife spun around and yelled, "For the fifth time, chicken!"

While Joe's story is humorous, it illustrates a serious point: hearing loss often goes unnoticed by the person experiencing it. If you're wondering whether your loved one might have a hearing problem, here are some signs:

Frequent Misunderstandings: misinterpret what's said or respond inappropriately

Complaints About Mumbling: frequently claim that others don't speak clearly

Difficulty in Noisy Environments: they struggle to follow conversations in noisy places

Loud TV: set the TV volume higher than is comfortable for others

Withdrawal from Conversations: appear to disengage during conversations

Hearing loss doesn't have to create distance in your relationships. To find out if hearing loss is an underlying cause, call us at (941) 244-9300 to schedule your free hearing test today.



ContemporaryHearing.com



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fellow neighbor, I know the real value of what our neighborhood has to offer.

Whether you're looking to sell, buy, or invest, I will provide exceptional service, market knowledge, and local expertise to help you achieve your real estate goals.



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Michael Saunders & Company.

TracyPierce@michaelsaunders.com TracyPierce.michaelsaunders.com

