

LIFESTYLE BULLETIN

APRIL 2025

Gran Paradiso at the West Villages 20125 Galleria Boulevard

Venice, FL 34293 (941) 234-0450 **HOA Office Hours:**

9:00am - 5:00pm, Monday - Friday 10:00am - 2:00pm, Saturday Closed - Sunday









Our mission is to provide honest, ethical, and practical roof service.

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Please welcome your new Castle Property Management Team in the clubhouse office.





Gran Paradiso Board of Directors

Board of Directors email: GPBOD@granparadisohoa.com



Victor Dobrin President



Nate Cunningham Vice President



Pam Kantola Treasurer



Jay Alvord Secretary



Mickey Radez Director



Bill Kelly Director

Quick Reference Phone Numbers

Emergency 911 City of North Port, Non- Emergency

941-426-3111

Fire Department 941-316-1217

Water Department (North Port Utilities)

941-429-7000

Florida Power and Light (FPL)

800-468-8243

Hotwire

800-355-5668

Gran Paradiso POA

941-234-0450

Lennar Customer Care

866-226-4057

North Port Solid Waste

(941) 240-8050

Gran Paradiso Contacts

Gran Paradiso Property Owner's Association 941-234-0450

Clubhouse Office Front Desk

Nelson Herrera 941-234-0450

ARC 941-234-0450

General Manager, Gran Paradiso POA

941-234-0450

Lifestyle Director

Liz Marshall 941-234-0450

Assistant Property Manager

Aaron Cook 941-234-0450

Maintenance Supervisor

Dan Zuknick 941-234-0450

Castle Management Regional Director

Robin Stinson 941-234-0450





For Advertising Info Contact Community Media - 941-375-3699 Advertising Policy: Advertising in this Newsletter is offered at the sole discretion of Community Media. Community Media reserves the right to refuse, limit, and/or reject advertising for any reason. Community Media, at its sole discretion, may restrict the number of advertisers in certain categories or offer exclusive/semi exclusive agreements as it is sees fit.



Tuesday, April 15th 11:30AM - 1:00PM

FREE LUNCH



Gran Paradiso Clubhouse 21025 Galleria Blvd Venice, FL 34293

WE ARE NOT ATTORNEYS IN THE STATE OF FLORIDA. WE ARE NOT AUTHORIZED TO GIVE LEGAL ADVICE OR LEGAL REPRESENTATION. WE MAY NOT ACCEPT FEES FOR GIVING LEGAL ADVICE OR LEGAL REPRESENTATION.











From White Power to the Oklahoma City Bombing: LESSONS FOR TODAY

Dr. Karen Hoppes

April 21, 2025 | 7PM - in the Craft Room

The White Power movement in America wants a revolution. Its are not lone wolves, but highly organized cadres motivated by a coherent and deeply troubling worldview made up of white supremacy and apocalyptic faith. The history of the movement consolidated in the 1970s and 1980s around a potent sense of betrayal in the Vietnam War; made tragic headlines in Waco, Ruby Ridge and Oklahoma City, and was resurgent under President Trump's first term.

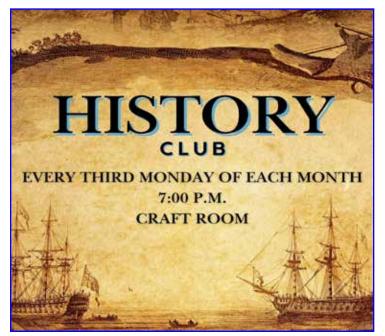
Will it continue in the second term?



Stock Investors Group

For More Information contact Bob Wood at tostraderbob@gmail.com

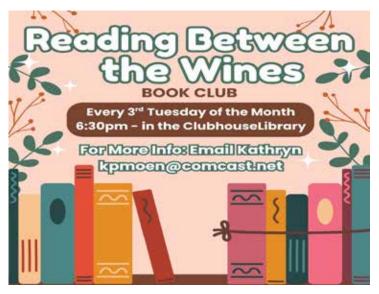
Meetings every other Wednesday in the Card room





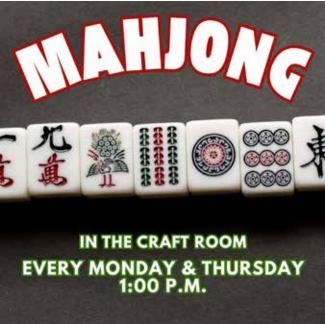
















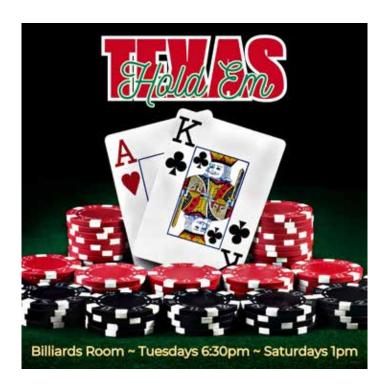
- January 8th & 22nd
- February 12th & 26th
 - March 12th & 26th
 - April 9th & 23rd

Tournament is open to couples or individuals (We will be switching partners after every game) No Need to RSVP!

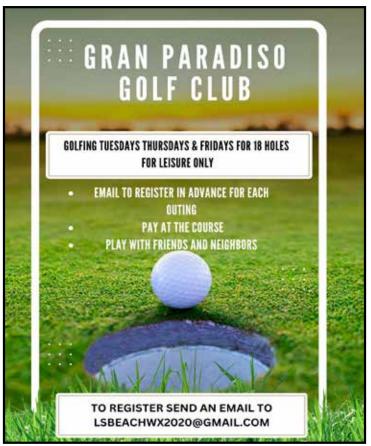
Simply Show Up Before 6:30pm and Enjoy the Evening. Questions: Call Dave Murray @ 419-250-6399 davemurray405@gmail.com

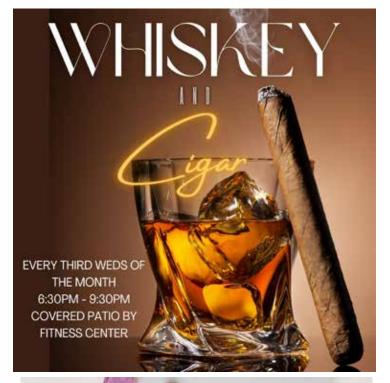








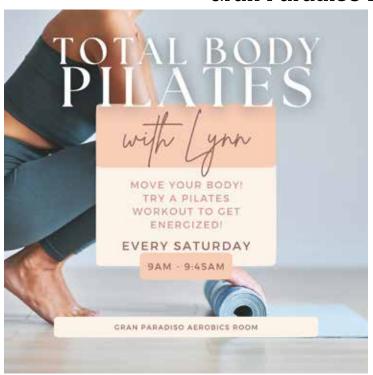








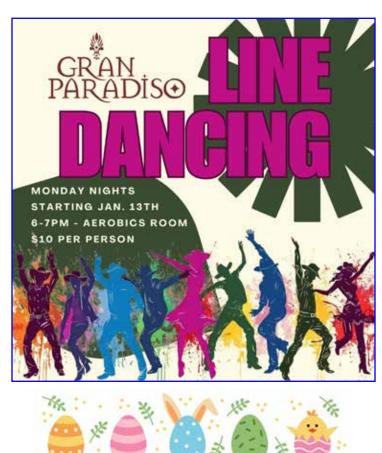
Gran Paradiso Health & Fitness











Gran Paradiso Health & Fitness











Best of Venice Winner for 2024



Getting Yelled At?

Or How a Damaged Hearing Aid Affects Sound

Blair Post, HAS, BC-HIS, ACA

Board Certified Hearing Instrument Sciences American Conference of Audioprosthology

Do you feel like people are yelling at you more than usual? You're not alone. This happened to George, who came in asking for adjustments to his hearing aids.

I asked him why, and he said, "My wife is yelling at me morning and night!"

I must have looked confused because he explained. He told me, "One morning, I was getting coffee, and my wife walked in with a booming voice. I told her I heard her and she didn't need to yell. She laughed and said, 'Well, there's a first time for everything.' But today, she said something to me, and I missed it. Then she looked me in the eyes and said loudly, 'Go ask Blair to help you... and me."

George thought he needed his hearing aids to be louder, but that wasn't the problem. His hearing aids were clogged with skin debris and wax. This blocked the microphone and speaker, changing how sounds came through. If the microphone is blocked, it won't pick up voices clearly. If the speaker is clogged, sounds won't come through at a normal volume, making others feel like they need to yell.

How a Damaged Hearing Aid Affects Sound

Sounds Might Be Too Quiet – If the hearing aid speaker is clogged, sounds won't be as loud as they should be.

You Might Miss Important Words – If the microphone is blocked, you might not catch every word, making conversations harder.

People May Sound Muffled – A dirty or damaged hearing aid can make voices sound like they are underwater.

You Might Hear Buzzing or Whistling – A broken hearing aid might make strange noises that can be annoying.

Others Might Have to Yell – If your hearing aid isn't working properly, people may have to speak louder to get your attention.

If you feel like everyone is yelling at you—or you are the one doing the yelling—we can help. Call us to check if your hearing aids need a cleaning, repair, or service. Clear hearing makes talking to each other easier.





ContemporaryHearing.com







www.granparadisopickleball.com Gran Paradiso Pickleball Calendar - April 2025

Tam - Courts Wonday Tuesday Wednesday Triday Saturday Saturday				-	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Ī		-	
on 1-4 Open Play Open Play Open Play Open Play 5-8 12-8.15 pm 12-3.30 pm 12.30-3.30 pm 13.30-2.30	шше	Courts	Monday	l uesday	wegnesday	ınursday	Friday	saturday	sunday
1-4 League - Tony's League - Gayle's League - Rick's League - Marika's Copen Play League - Marika's League - Marika's League - Marika's Copen Play Copen Play Copen	7 am - noon	1 - 4 5 - 8	Open Play	Open Play	Open Play	Open Play	Open Play		
1-4 Open Play Open Play League - Maureen's Open Play C.:30-4:30 pm Jan 8 - Apr 9 Jan 9 - Apr 10 Jan 7 - Apr 8 Jan 8 - Apr 9 Jan 9 - Apr 10 Open Play	12 - 3 pm	1 - 4	League - Tony's 12-3:15 pm Jan 13 - Apr 7 Open Play	League - Gayle's 12-2:30 pm Jan 7 - Apr 8 Open Play	League - Rick's 12:30-3:30 pm Jan 8 - Apr 9 Open Play	League - Marika's 12:30-2:30 pm Jan 9 - Apr 10 Open Play	Open Play		
1-4 League-Rick's League-Diane's League-Debbie's 5-7pm 5-7pm 5-7pm 5-7pm 5-7pm 5-8 Open Play	3 - 5 pm	1 - 4	Open Play	Open Play	League - Maureen's 2:30-4:30 pm Jan 8 - Apr 9 Open Play	Open Play	Open Play	Open Play	Open Play
1 - 4 DRILLS/CLINICS 5 - 8 To Be Announced Open Play Open Play	5 - 7 pm	5 - 8	League - Rick's 5 - 7pm Jan 6 - Apr 7 Open Play	League - Rick's 5 - 7pm Jan 7 - Apr 8 Open Play	League - Diane's 6 -8 pm Jan 8 - Apr 9 Open Play	League - Debbie's 6 -8 pm Jan 9 - Apr 10 Open Play	Open Play		
	7 - 9:30 pm	1 - 4	DRILLS/CLINICS To Be Announced	Open Play	Open Play	Open Play	Open Play		





Open Play: All levels welcome, 4 on - 4 off rule

Rules:











April 2025									
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
		9:00 a.m. (AR) Strength Class 9:00 a.m. (LB Book Arranging 9:30 a.m. (CR) Fine Review Committee 10:00 a.m. (LB) Bible Study 1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing 6:30 p.m. (BR) Texas Hold 'Em	9:00 a.m. (LB) ARC Meeting 9:00-9:45am High-Intensity Interval Training (Low-Impact) 9:00 a.m. (AR) Pickleball Workout 9:30 a.m. (P) Water Aerobics 11:00 a.m. Sound Bath Healing 12:00 p.m. (CR) Wellness Weds 1:30 p.m. (BR) Bridge 2:00pm - 7:00pm (CH) Private Paid Event 6:30 p.m. (BR) Poker 6:30 p.m. (CP) Troop 154	9:00am (AR) Zumba with Martina 6:30 p.m. (CR) Bunco 10:00 (AR) Total Release 10:00 a.m. (CR) Quilt & Yarn 1:00 p.m. (CR) Mahjong 6:30 p.m. (BR) Bunco 6:00 – 7:30 p.m. (CR) Infrastructure Committee Annual Community Workshop	9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 12:00 p.m. (CR) Ponds & Preserves Meeting 2:30 p.m. (CR) Mexican Train	9:00 a.m. (AR) Mat Pilates 10:00 a.m. (AR) Strength Class 1:00 p.m. (BR) Texas Hold 'Em			
1:30 p.m. (CR) Bridge Cornhole Tournament Parking Lot	7 2umba with Martina 9:30 a.m. (P) Water Aerobics 11:00 a.m. (AR) Yoga 1:00 p.m. (CR) Mahjong 1:00 pm (BR) Crafts gathering 6:00 p.m. (AR) Line Dancing	8 9:00 a.m. (AR) Strength Class 10:00 a.m. (LB) Bible Study 1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing 6:30 p.m. (BR) Texas Hold 'Em 6-8:00 p.m (CR) Travel Club	9:00-9:45am High-Intensity Interval Training (Low-Impact) 9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Stock Investors Group 11:00 a.m. (CP) Pickleball Group 6:30 p.m. (CP) Troop 154 6:30 p.m. (BR) Poker 6:30 p.m. (CR) Euchre	9:00am (AR) Zumba with Martina 10:00 (AR) Total Release 10:00 a.m. (CR) Quilt & Yarn 1:00 p.m. (CR) Mahjong	9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 2:30 p.m. (CR) Mexican Train	9:00 a.m. (AR) Mat Pilates 10:00 a.m. (AR) Strength Class 1:00 p.m. (BR) Texas Hold 'Em			
130 p.m. (CR) Bridge	2:00am (AR) Zumba with Martina 9:30 a.m. (P) Water Aerobics 11:00 a.m. (AR) Yoga 1:00 p.m. (CR) Mahjong 1:00 pm (BR) Crafts gathering 5:30 p.m. (CR) Republican Club 6:00 p.m. (AR) Line Dancing	9:00 a.m. (AR) Strength Class 10:00 a.m. (CR) Bible Study 10:30 a.m (CR) Trustmasters 1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing 6:30 p.m. (BR) Texas Hold 'Em 6:30 p.m. (LB) Read Between the Wines Book Club	9:00 a.m. (LB) ARC Meeting 9:00-9:45am High-Intensity Interval Training (Low-Impact) 9:30 a.m. (P) Water Aerobics 11:00 a.m. Sound Bath Healing 1:30 p.m. (CR) Bridge 6:30 p.m. (CR) Troop 154 6:30 p.m. (CP) Whiskey & Cigar 6-8 p.m. (CH) Wine Down Weds	9:00am (AR) Zumba with Martina 9:30 a.m. (LB) Landscaping Committee 10:00 (AR) Total Release 12 -3:00pm (CR) Ponds and Preserves Annual Meeting 10:00 a.m. (BR) Quilt & Yarn 1:00 p.m. (BR) Mahjong	9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 2:30 p.m. (CR) Mexican Train	9:00 a.m. (AR) Mat Pilates 10:00 a.m. (AR) Strength Class 12:00pm Easter Egg Hunt (PG & lawn) 1:00 p.m. (BR) Texas Hold 'Em			
EASTER SUNDAY 1:30 p.m. (CR) Bridge	9:00am (AR) Zumba with Martina 9:15 a.m. (LB) Infrastructure Committee 9:30 a.m. (P) Water Aerobics 11:00 a.m. (AR) Yoga 1:00 p.m. (CR) Mahjong 6:00 p.m. (AR) Line Dancing 7:00 p.m. (CR)	9:00 a.m. (AR) Strength Class 9:30 a.m. (LB) Ponds & Preserves Committee 10:00 a.m. (CR) Bible Study 1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing 6:30 p.m. (BR) Texas Hold 'Em	9:00-9:45am High-Intensity Interval Training (Low-Impact) 9:30 a.m. (P) Water Aerobics 11:00 a.m. Sound Bath Healing 1:30 p.m. (CR) Bridge 6:30 p.m. (BR) Poker 10:00 a.m. (CR) Stock Investors Group 6:30 p.m. (CR) Euchre 6:30 p.m. (CP) Troop 154	9:00am (AR) Zumba with Martina 10:00 (AR) Total Release 10:00 a.m. (CR) Quilt & Yarn 1:00 p.m. (CR) Mahjong	9:30 a.m. (P) Water Aerobics 10:00 a.m. (CR) Hand, Knee, & Foot 2:30 p.m. (CR) Mexican Train	9:00 a.m. (AR) Mat Pilates 10:00 a.m. (AR) Strength Class 1:00 p.m. (BR) Texas Hold 'Em			
1:30 p.m. (CR) Bridge	9:00am (AR) Zumba with Martina 9:30 a.m. (P) Water Aerobics 11:00 a.m. (AR) Yoga 1:00 p.m. (LB) Finance Committee 1:00 p.m. (CR) Mahjong	9:00 a.m. (AR) Strength Class 9:30 a.m. (LB) Ponds & Preserves Committee 10:00 a.m. (CR) Bible Study 1:00 p.m. (CR) Hand & Foot 6:00 p.m. (AR) Sound Bath Healing	9:00-9:45am High-Intensity Interval Training (Low-Impact) 9:30 a.m. (P) Water Aerobics 11:00 a.m. Sound Bath Healing 1:30 p.m. (CR) Bridge 6:30 p.m. (BR)						



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