

JUNE 2026

Gran Paradiso at the West Villages  
20125 Galleria Boulevard  
Venice, FL 34293  
(941) 234-0450

HOA Office Hours:  
9:00am - 5:00pm, Monday - Friday  
10:00am - 5:00pm, Saturday & Sunday

HEADLINER

**AL ERNST**

NATIONAL TOURING COMEDIAN  
"CLEAN, CLEVER & HILARIOUS!"

*Last Resort*

COMEDY

HOSTED BY  
*Eric Wilder*

LIVE ENTERTAINMENT IS COMING TO **GRAN PARADISIO!**

DATE JUNE 13<sup>TH</sup> | 
 TIME 7:30PM | 
 COST \$20 PER PERSON

GREAT ENTERTAINMENT. GREAT PEOPLE. OUR GRAN PARADISIO COMMUNITY!

LET'S MAKE IT A NIGHT TO REMEMBER!  
See You There!

# Did You Know?



Your community receives this newsletter for **FREE** because of paid advertiser sponsors!

Look for this logo!



When searching for home services, health care providers, insurance, and almost anything else...

Reference your newsletter first!

These businesses choose to support your community newsletter, please let them know you appreciate them!

941-375-3699  
220 Bahama St.  
Venice, FL 34285



**NEIGHBORLY Home Watch**  
PROFESSIONAL • RELIABLE • INSURED

Regular Home Inspections  
Security & Peace of Mind While You're Away

*We Care For Your Home*  
WHEN YOU'RE NOT HERE!

**GEORGE DARDONIS**  
941-999-7382  
HomeWService@gmail.com

WE PROVIDE LOCAL AND AIRPORT SERVICE RIDES

*Published by:*



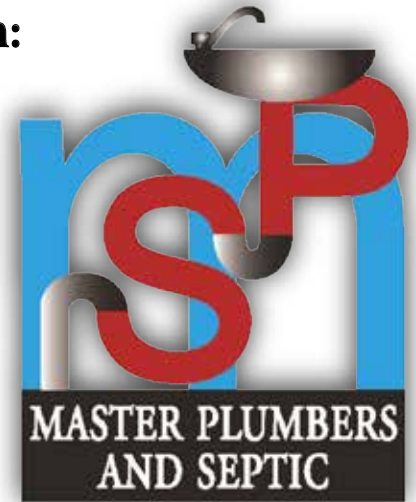
*For advertising information please call 941-375-3699*



Happy Father's Day

Happy Father's Day! From:

## MASTER PLUMBERS



### Plumbing

- Repipes & Repairs
- Tub & Shower Units
- Water Heaters
- Garbage Disposals
- Backflows
- Remodels/New Const.
- Water Hookups
- Well & Plumbing Inspections

### Septic

- Septic Inspections
- ATU Maintenance
- Repairs
- Installations
- Pump Stations
- Sewer Hookups

### Gas

- Water Heaters
- Boilers
- Tankless Water Heaters
- Repairs
- Installations



Fully Licensed & Insured  
#CFC1427155

North Port (941) 429-8200  
Venice/Sarasota (941) 497-7900  
Bradenton/Lakewood Ranch (941) 747-9700  
www.masterplumbersfl.com

# “Your Castle Management Team”



**Aaron Cook**  
Property Manager  
acook@castlegroup.com



**Lindsay Perez**  
Assistant Property Manager  
lindsay.perez@castlegroup.com



**Kristen Peacock**  
Lifestyle Director  
kpeacock@castlegroup.com



**Nelson Herrera**  
Administrator  
nherrera@castlegroup.com



**Kaitlin Walters**  
Administrator Assistant  
kwalters@castlegroup.com



**Justin Green**  
Maintenance Supervisor  
jgreen@castlegroup.com



**Humberto Triana**  
Maintenance Tech

## Gran Paradiso Board of Directors

Board of Directors email: GPBOD@granparadisohoa.com



**Bill Kelly**  
President



**Steve Glunt**  
Vice President



**Sal Baglio**  
Secretary



**Michael Fleury**  
Treasurer



**Bob Reiss**  
Director 1



**Paul Calabro**  
Director 2



**Ava Ortnier**  
Director 3

## Quick Reference Phone Numbers

- Emergency 911**
- City of North Port, Non- Emergency**  
941-426-3111
- North Port Fire Rescue**  
941-240-8150
- Water Department (North Port Utilities)**  
941-429-7000
- Florida Power and Light (FPL)**  
800-468-8243
- Hotwire**  
800-355-5668
- Gran Paradiso POA**  
941-234-0450
- Lennar Customer Care**  
866-226-4057
- North Port Solid Waste**  
(941) 240-8050

## Gran Paradiso Contacts

### Gran Paradiso Property Owner's Association

941-234-0450

### Clubhouse Office Front Desk

Nelson Herrera  
941-234-0450

### ARC

941-234-0450

### HOA Webpage

websites.vertilinc.com/gp

### Emergency/ After Hours Number

1-800-337-5850



For Advertising Info Contact  
Community Media - 941-375-3699

Advertising Policy: Advertising in this Newsletter is offered at the sole discretion of Community Media. Community Media reserves the right to refuse, limit, and/or reject advertising for any reason. Community Media, at its sole discretion, may restrict the number of advertisers in certain categories or offer exclusive/semi exclusive agreements as it sees fit.

**SOAP + WATER + WOOL = SUMMER FUN!**

**Kids Wet Felting Workshop!**  
 June 8<sup>th</sup> | 10am - 12pm  
 in the Craft room

Each child will make their own choice of:  
 • A long, trendy felted snake (optional) or  
 • A soft, colorful headband (wearable art)  
 • A small placemat or set of coasters (great gift!)

This workshop is perfect for:  
 • Ages 5-12 siblings of various ages work well together  
 • Kids who love slime, play-dough, or messy art  
 • Parents looking for a cool indoor activity on a hot summer day

www.livingtrainsou.com/workshops

Register at this Link

**Save the Date!**

**PATRIOTIC PORCH SIGN Art Class**

CREATE. PAINT. CELEBRATE!

**\$57 Per Person** **JUNE 18<sup>TH</sup>**  
**★ 4:00 PM ★**

**IN THE CRAFT ROOM**

Hosted by **Kristen Marino**

Gulf Coast Expressive Arts  
 3hr Class All Materials Included & No experience Needed

Bring Check or Cash to Front Desk by Friday June 12th

JOIN US AND MAKE YOUR **Father's Day Weekend**  
 EXTRA SPECIAL WITH **BREAKFAST & BASEBALL with Dad**

**SATURDAY JUNE 20<sup>TH</sup>** **BREAKFAST STARTS 9:00 AM**

Start your Saturday off right with a delicious and indulgent breakfast experience at CoolToday Park!

**BREAKFAST EXPERIENCE (9AM-11AM)**  
 • Buffet featuring an assortment of traditional breakfast favorites  
 • "Make It Yours" Bloody Mary Bar  
 • Bottomless Bloody Mary & Screwdrivers  
 • Coffee and Juice Station

**BASEBALL GAME (10:00 AM)**  
 Watch the FCL Braves take on the FCL Rays at 10:00 AM at the Atlanta Braves Spring Training Stadium.

**LECOM LEGENDS CLUB ACCESS**  
 As a bonus, you'll gain access to the climate-controlled LECOM Legends Club for the duration of the FCL Braves game. Enjoy a private bar and restrooms!

**KNOW BEFORE YOU GO**

- Breakfast and bottomless beverages served from 9am-11am.
- FCL Braves vs FCL Rays at 10am. General Admission seating.
- Access to climate controlled LECOM Legends Club with private bar and restrooms for the duration of the event.

**TICKETS**

<b>ADULTS</b>	<b>KIDS (12 &amp; UNDER)</b>
<b>\$30</b>	<b>\$15</b>

**GREAT FOOD. GREAT COMPANY. GREAT BASEBALL.**  
 Make it a Father's Day to remember! **GRAN PARADISO**

**COMMUNITY WATER RESCUE AWARENESS**  
 A Life-Saving Presentation for Families and Neighbors

**Why This Matters**

- 4,000** unintentional drowning deaths occur annually in the U.S.
- Drowning is the **#1** cause of death for children ages 1 to 4 years.
- 87%** of drowning fatalities for children under 5 happen in home pools or hot tubs.
- 11** drowning deaths per day on average across the nation.

**Gran Paradiso Water Safety Presentation at the Pool**  
 Saturday June 6th 10am

**WHAT YOU'LL LEARN**

- The Three Stages:** Recognizing Distress, Panic, and Submersion in open water.
- Rescue Techniques:** The "Reach-Throw-Row-Go" methodology to save lives safely.
- Equipment Familiarization:** Understanding the tools used in aquatic emergencies.

**PREPAREDNESS STRATEGIES**

- Emergency Action Plans (EAP):** Creating a verbal or written response plan for your family.
- Prevention First:** Proactive steps to secure pools, hot tubs, and local waterways.
- Local Risks:** Identifying hazards in local lakes, canals, and springs.

**HANDS-ONLY CPR TRAINING**  
 Learn Life Saving Skills

Presented By **NORTH PORT FIRE RESCUE**  
 Gran Paradiso, 20125 Galleria Blvd, Venice, FL 34293

Prevention! Prevention! Prevention!  
 Together, we can keep our community safe around the water.

**STARS & STRIPES Spectacular**  
 UNITED WE CELEBRATE **250** YEARS OF INDEPENDENCE

**THURSDAY, JULY 2<sup>ND</sup>**

**A WHOLE EVENING OF COMMUNITY FUN!**

- 4:00 PM GOLF CART PARADE**  
 Kick off the celebration with a patriotic parade around our community!
- 6:00 PM CLASSIC BLOCK PARTY STYLE BBQ COOKOUT**  
 Enjoy classic hamburgers & hotdogs with all your neighbors!
- FAMILY FUN ACTIVITIES**  
 Games, contests, and inflatable fun for the kids (and kids at heart!)
- 7:00 - 9:00 PM LIVE BAND**  
 FEATURING **WHISKEY BEACH BAND**

**FAMILY FUN ACTIVITIES**

- WATERMELON EATING CONTEST**
- INFLATABLE SLIDE**
- YARD GAMES**

**250 LET'S CELEBRATE**  
 FREEDOM, COMMUNITY & GOOD TIMES TOGETHER!

**PROUD TO BE UNITED. PROUD TO BE COMMUNITY.**  
 See you there!



**GRAN PARADISO**  
*Dance*  
**Salsa & Bachata**

COLOR YOUR LIFE \$10 PP

YOU'RE INVITED TO JOIN OUR BEGINNER AND INTERMEDIATE CLASS @ Gran Paradiso Acrobatics Room  
 June 5, 12, 19, 26, 2026  
 Thursdays 6:00 - 7:00 p.m.

MICOLA @ 941-567-3280 & DEBRA ANN @ 618-534-0457

**Ballet Classes**



**Adult Class Thursdays at 6:15 PM**  
**\$20 per class | 60 minutes**

Join us for an elegant and empowering ballet class designed for adults of all skill levels! Learn technique, poses, breathing, and stretching in a supportive and graceful environment. No experience required – just bring your enthusiasm and comfortable movement wear!

For Any questions & to Register  
**Text: 908-433-7109**



**GOLF CLUB**

Golfing Tuesdays & Thursdays & Fridays for 18 holes at local courses for fun only.

Email coordination – register in advance for each outing. Pay at the course. Play with your friends and neighbors.

**Get More Info & To Signup**  
 send an email to –  
[LSBEACHWX2020@GMAIL.COM](mailto:LSBEACHWX2020@GMAIL.COM)

Acrobatics Room

**RECONNECT & RECHARGE** with Esra

Find Your Balance Body, Mind & Soul


Tuesdays Sound Bath at 6 PM  
 Wednesdays ZenMind at 11 AM

\$9 Classes by Reservation only  
 Contact 941 525 8839  
 No later than 24hrs in advance to reserve time  
 Must have a least 4 participants to hold class




**MORNING MEDITATION**

Guided meditation combined with sound therapy to start your day with energy and positivity





**Thursdays · 7:30 a.m. – 8:30 a.m.**  
**\$9 · Gran Paradiso Pool**  
 Contact Esra 941-525-8839 for details

**SWIMMENTOR**  
 swimming, events, experiences

**Water Relaxation**

A unique method of relaxing the mind and body through water.

Individual sessions in your pool by appointment.  
 Book at 754-707-2055 or on our website: [SwimMentor.school](http://SwimMentor.school).

**Cornhole**

**Wednesday Night**

Gran Paradiso Multi-Sport Court



**\$5 Blind Draw**

**6:00 Warmup – 6:30 Start**  
 No Partner Need  
 Good times, good people, good fun



**JOIN THE BOWLING LEAGUE!**

Looking for some fun and friendly competition this winter? The Bowling League runs January through April at Treasure Lanes in Port Charlotte – every Thursday at 2:30 PM!

All skill levels are welcome – it's a great way to meet neighbors and have a ball!

**Let's roll into the new year together!**

Contact Rick Silva for questions or to join:  
 401-243-4500  
[Tren2013@yahoo.com](mailto:Tren2013@yahoo.com)




**HELLO SUMMER**

# WHISKEY

|||

## Cigar



EVERY THIRD WEDS OF THE MONTH  
THE MONTH  
6:30PM - 9:30PM  
COVERED PATIO BY FITNESS CENTER

Clubhouse

# WINE DOWN

## Wednesday

Join us every 3rd Wednesday of the Month for a midweek escape filled with good vibes, and great company. Feel free to bring lite bites to share.

**Starts at 6:00 PM**

Wind down while exploring the work of a local vendor and supporting community talent in a fun, friendly atmosphere



## NEW HOMEOWNERS ORIENTATION

First Wednesday of the Month  
In the Clubhouse  
10am

Come meet the management team and discuss any questions you may have about your new community. Enjoy a cup of coffee and meet other new neighbors!



## EVENT COLLABORATION CLUB

Join me  
(the Lifestyle Director)  
for event discussions and good ideas

### EVERY 1ST MONDAY OF THE MONTH AT 11 AM

In the Clubhouse

Let's Collaborate on all the fun things you want here at Gran Paradiso

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**HAND  
AND  
FOOT**  
CARD GAME

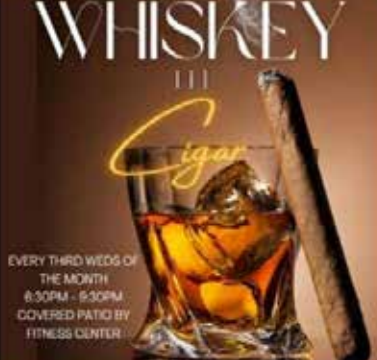
EVERY TUESDAY - 1 P.M.  
CRAFT ROOM



**SAMBA**  
NEW CARD GAME!

GRAN PARADISO  
PRESENTS SAMBA  
EVERY WEDNESDAY  
9:30 AM - Card Room  
BRING YOUR A-GAME!

QUESTIONS?  
Email Jo Holtby  
Jo.Holtby@gmail.com



**WHISKEY**  
III

EVERY THIRD WEDG OF  
THE MONTH  
8:30PM - 9:30PM  
COVERED PATIO BY  
FITNESS CENTER!



**BRIDGE**

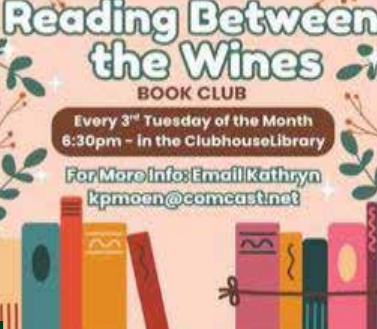
EVERY SUN & WEDS 1:30PM  
IN THE CRAFT ROOM

Contact Henry Kahl 410-456-1214 or  
Julia Snead 941-234-4015 for More Information!



**TEXAS  
Hold'em**

BilliardsRoom  
Tues & Thurs 6:30pm - Sat 1:00pm



**Reading Between  
the Wines**  
BOOK CLUB

Every 3<sup>rd</sup> Tuesday of the Month  
6:30pm - in the ClubhouseLibrary

For More Info: Email Kathryn  
kpmoen@comcast.net



**MAHJONG**

IN THE CRAFT ROOM  
EVERY MONDAY & THURSDAY  
1:00 P.M.



**Wednesday Night Euchre  
at Gran Paradiso**

**Euchre**

2<sup>nd</sup> & 4<sup>th</sup> Wednesday from 6:30 to 8:30pm  
 • January 14<sup>th</sup> & 29<sup>th</sup>  
 • February 11<sup>th</sup> & 25<sup>th</sup>  
 • March 11<sup>th</sup> & 25<sup>th</sup>  
 • April 8<sup>th</sup> & 22<sup>nd</sup>  
 • May 13<sup>th</sup> & 27<sup>th</sup>

Tournament is open to couples or individuals  
 • We will be switching partners after every game

No need to RSVP  
 simply show up in the GP Craft Room  
 before 6:30 and enjoy the evening

Questions?  
 Call Greg Armstrong at 513-623-6066  
 grega3291@gmail.com



**QUILT & YARN**

EVERY THURSDAY MORNING  
 10AM TO 12PM  
 CRAFT ROOM




**MEXICAN  
TRAIN**

EVERY FRIDAY AT 2:00PM  
IN THE CRAFT ROOM



**Bunco**

1<sup>st</sup> Thursday of  
Every Month  
6:30pm Craft Room  
18+ - \$10 Per Person



**HISTORY  
CLUB**

EVERY THIRD MONDAY OF EACH MONTH  
 7:00 P.M.  
 CRAFT ROOM



**I'D RATHER  
BE PLAYING  
HAND KNEE  
AND FOOT**

Hand, Knee, & Foot ~ Fridays  
@ 10am ~ Craft Room



**POKER**

IN THE BILLIARDS ROOM

EVERY WEDNESDAY  
NIGHT

6:00 PM



open to all residents  
interested in stock  
investments.

**Stock Investors Group**

For More Information contact Bob Wood at  
[tostraderbob@gmail.com](mailto:tostraderbob@gmail.com)  
 Every other Wednesday at 10am in the card room

# BREATH & STRETCH



**TUESDAYS**

7:15 PM TO 8:15 PM

**THURSDAYS**

8:00 AM - 9:00 AM

Join us for a relaxing 60-minute session combining gentle stretching, yoga, and mindful breathing to improve flexibility, strength, and balance. 🌿

Perfect for all levels – no equipment needed, just bring a yoga mat and comfortable clothing. Move better, breathe deeper, and find your calm

To Register Text: 908 - 433 - 7109

# WATER AEROBICS

**MONDAYS**  
**WEDNESDAYS**  
**FRIDAYS**

**9:30AM - 10:30AM**

**\$3 A CLASS**

**GOES TO CHARITY**

CLASSES ARE SUBJECT TO CHANGE DUE TO WEATHER AND/OR TEMPERATURE

*Gail Casey*  
407-341-4034

Text today for your next appointment!

**60 Minute Massage \$80**  
**90 Minute Massage \$115**

**TUESDAY, WEDNESDAY, THURSDAY**  
**BY APPOINTMENT**

**GIFT CERTIFICATES AVAILABLE**

Payments accepted - Cash, Check, Zelle

LICENSE #MM1560 / #MM4303

## MASSAGE THERAPY AT GRAN PARADISO

JEN BRAUN - LMT

OVER 16 YEARS OF EXPERIENCE  
SPECIALIZING IN:

CUSTOMIZED THERAPEUTIC  
DEEP TISSUE - NMT  
CUPPING AND SPORTS  
MASSAGE FOR CHRONIC PAIN  
SWEDISH MASSAGE  
& MORE

Text: 920-322-5077  
or book online:

LIC. # MAI05137

Starting Saturday March 21st

**SWIM CLASS** Just \$15 per class

**PARENT & BABY**

**COMMUNITY POOL**

GRAN PARADISO

EVERY SATURDAY AT 9 AM

Register using the QR code or text 754-707-2055

THE GP TENNIS CLUB INVITES YOU TO

# ACE YOUR MORNING WITH US

FROM FRIENDLY RALLIES TO COMPETITIVE MATCH PLAY, WE'VE GOT A SPOT FOR YOU.

**MON, TUES, THURS, FRI & SAT**  
8:30-10:30 AM

**CLINIC WITH CLUB PRO (FEE)**  
WED EVENING - 6:15-7:45 PM



SCAN TO JOIN OUR TENNIS APP CHAT & CONFIRM DAILY MATCH PLAY AVAILABILITY

Group Code: bulCsinneTPG

DROP INS/ALL SKILL LEVELS WELCOME



## ADULT TENNIS CLINIC

**WEDNESDAYS 5:45PM - 7:15PM**  
PLEASE CALL OR TEXT FOR DETAILS

**ANNE CORRAO 401-489-6675**

---

FEE **JOIN NOW** GRAN PARADISO TENNIS COURTS COURTS 1 AND 2

\$20-25

REGISTRATION  
ANNESELLSPROPERTIES@GMAIL.COM OR 401-489-6675

**Gran Paradiso Pickleball Calendar May - Sept 2026** [www.granparadisopickleball.com](http://www.granparadisopickleball.com)

Time	Courts	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am - 6:30pm	1 - 4 5 - 8	Open Play	Open Play	Open Play	Open Play	Open Play	Open Play	Open Play
6:30 - 9:30pm	1 - 4		League - Lisa's 6:30 - 9:00 pm June - July	League - Julio's 6:30 - 9:00 pm June - July	League - Lisa's 6:30 - 9:00 pm June - July			
	5 - 8		Open Play	Open Play	Open Play			

**Rules:**  
Open Play: All levels welcome, 4 on - 4 off rule

**Gran Paradiso Pickleball Leagues 2026** <https://granparadisopickleball.com/>

Day	Time	League	Level	Season								Contact
				Men	Women	Mixed	Fall	Winter	Spring	Summer		
Monday	12:00 - 2:30 pm	Day - Mixed	Advanced			X		X			<b>Tony Iaquito</b> tisnap1018@gmail.com	
Monday	12:00 - 2:30 pm	Day - Mens	Advanced	X					X		<b>Tony Iaquito</b> tisnap1018@gmail.com	
Monday	3:00 - 5:00 pm	Day - Mixed	Intermediate			X	X	X	X		<b>Sue Wawrzyniak</b> susanw12@comcast.net	
Monday	5:00 - 7:00 pm	Evening - Mixed	Advanced Intermediate			X		X	X		<b>Rick Silva</b> riks1214@cox.net	
Tuesday	12:00 - 2:30 pm	Day - Ladies	Advanced Intermediate		X		X	X	X		<b>Janet Carbo</b> janetcarbo@yahoo.com	
Tuesday	5:00 - 7:00 pm	Evening - Mixed	Advanced / Adv Intermediate			X	X	X	X		<b>Diane Improta</b> diane.improta@gmail.com	
Tuesday	6:30 - 9:00 pm	Evening - Ladies	Intermediate and Advanced			X				X	<b>Lisa Bair</b> 70sGiggleGirl@gmail.com	
Wednesday	12:30 - 2:30 pm	Day - Mixed	Advanced Intermediate			X		X	X		<b>Rick Silva</b> riks1214@cox.net	
Wednesday	5:00 - 7:00 pm	Evening - Ladies	Intermediate		X		X	X	X		<b>Marika Roth</b> marikalr@gmail.com <b>Lisa Bair</b> 70sGiggleGirl@gmail.com	
Wednesday	7:00 - 9:00 pm	Evening - Mens	Advanced Intermediate	X			X	X	X	X	<b>Julio Morales</b> jmorales0710@gmail.com	
Thursday	3:00 - 4:30 pm	Day - Mixed Clinic	Beginners				X	X	X		<b>Maureen Raia-Taylor</b> m.raiataylor@gmail.com	
Thursday	5:00 - 7:00 pm	Evening - Ladies	Advanced Intermediate		X		X	X	X		<b>Deb Zagaja</b> debzaga33@gmail.com	
Thursday	6:30 - 9:00 pm	Evening - Mixed	Intermediate and Advanced			X				X	<b>Lisa Bair</b> 70sGiggleGirl@gmail.com	

# June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
1:30PM Bridge	9:30AM Water Aerobics 9:30AM Strength Training w/ Denise 9:30AM Water Aerobics <b>11:00AM Events Collab. Club (Clubhouse)</b> 1:00PM Mahjong	9:30 Fine Review Meeting (Card Room) 1:00PM Hand & Knee 2:00PM Strength Training w/ Denise 6:00PM Sound Bath 6:30PM Texas Hold Em 7:15PM Breath & Stretch	9:30AM Water Aerobics 9:30AM ARC Meeting 9:30AM Samba <b>10:00AM New Homeowners Orientation (Clubhouse)</b> 11:00AM Zen Mind 1:00PM Samba 1:30PM Bridge 6:00PM Poker	8:00AM Breath & Stretch 10:00AM Quilt & Yarn 11:00AM Strength Training w/ Denise 1:00PM Mahjong 6:15PM Adult Ballet 6:30PM Bunco 6:30PM Texas Hold Em	9:30AM Water Aerobics 10:00AM Hand, Knee & Foot 2:00PM Mexican Train 6:00PM Salsa & Bachata Dance Class	8:00AM Zumba 9:00AM Parent Baby Swim Class <b>10:00AM Water Safety Presentation at the Pool</b> 1:00PM Texas Hold Em
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
1:30PM Bridge	9:30AM Water Aerobics 9:30AM Strength Training w/ Denise <b>10:00AM Felted Art for Kids (Craft Room)</b> 1:00PM Mahjong 5:30PM Republican Club	1:00PM Hand & Knee 2:00PM Strength Training w/ Denise 6:00PM Sound Bath <b>6:00PM Travel Club (Craft Room)</b> 6:30PM Texas Hold Em 7:15PM Breath & Stretch	9:30AM Water Aerobics 9:30 AM Samba 10:00AM Investors (Craft) 11:00AM Zen Mind <b>1:00PM Rescue my Jewelry (Craft Room)</b> 1:00PM Samba 1:30PM Bridge <b>6:00PM CERT Meeting (Craft Room)</b> 6:00PM Poker	8:00AM Breath & Stretch <b>9:30AM Finance (Library)</b> 10:00AM Quilt & Yarn 11:00AM Strength Training w/ Denise 1:00PM Mahjong 6:15PM Adult Ballet 6:30PM Texas Hold Em	9:30AM Water Aerobics 10:00AM Hand, Knee & Foot 2:00PM Mexican Train 6:00PM Salsa & Bachata Dance Class	8:00AM Zumba 9:00AM Parent Baby Swim Class 1:00PM Texas Hold Em <b>7:30PM Comedy Show (back pool deck)</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
1:30PM Bridge	9:15AM Infrastructure (Library) 9:30AM Water Aerobics 9:30AM Strength Training w/ Denise 1:00PM Mahjong	1:00PM Hand & Knee 2:00PM Strength Training w/ Denise 6:00PM Sound Bath 6:30PM Book Club 6:30PM Texas Hold Em 7:15PM Breath & Stretch	9:30AM Water Aerobics <b>9:30AM ARC Meeting</b> 9:30AM Samba 11:00AM Zen Mind 1:00PM Samba 1:30PM Bridge <b>6:00PM Wine Down Wednesday (Clubhouse)</b> <b>6:30PM Whiskey &amp; Cigar (Patio)</b> 6:00PM Poker	8:00AM Breath & Stretch <b>9:30AM Landscape (Library)</b> 10:00AM Quilt & Yarn 11:00AM Strength Training w/ Denise 1:00PM Mahjong <b>4:00PM Patriotic Porch Sign Art Class (Craft Room)</b> <b>5:00PM BOD Meeting</b> 6:15PM Adult Ballet 6:30PM Texas Hold Em	9:30AM Water Aerobics 10:00AM Hand, Knee & Foot 2:00PM Mexican Train 6:00PM Salsa & Bachata Dance Class  <b>Food Truck Friday: Chasin Chicken (Clubhouse Parking Lot)</b>	8:00AM Zumba 9:00AM Parent Baby Swim Class 1:00PM Texas Hold Em <b>9:00AM Breakfast w/ Dad at Cool Today Park</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
1:30PM Bridge	9:30AM Water Aerobics 9:30AM Strength Training w/ Denise 1:00PM Mahjong	<b>9:30AM Pond &amp; Preserves (Library)</b> 1:00PM Hand & Knee 2:00PM Strength Training w/ Denise 6:00PM Sound Bath 6:30PM Texas Hold Em 7:15PM Breath & Stretch	9:30AM Water Aerobics 9:30 AM Samba 10:00AM Investors (Craft) 11:00AM Zen Mind 1:00PM Samba 1:30PM Bridge 6:00PM Poker	8:00AM Breath & Stretch 10:00AM Quilt & Yarn <b>10:00AM AC&amp;P (Library)</b> 11:00AM Strength Training w/ Denise 1:00PM Mahjong 6:15PM Adult Ballet 6:30PM Texas Hold Em	9:30AM Water Aerobics 10:00AM Hand, Knee & Foot 2:00PM Mexican Train 6:00PM Salsa & Bachata Dance Class	8:00AM Zumba 9:00AM Parent Baby Swim Class 1:00PM Texas Hold Em
<b>Happy Father's Day</b>						
<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>26</b>	<b>27</b>
1:30PM Bridge	9:30AM Water Aerobics 9:30AM Strength Training w/ Denise 1:00PM Mahjong	1:00PM Hand & Knee 2:00PM Strength Training w/ Denise 6:00PM Sound Bath 6:30PM Texas Hold Em 7:15PM Breath & Stretch	9:30AM Water Aerobics 9:30 AM Samba 10:00AM Investors (Craft) 11:00AM Zen Mind 1:30PM Bridge 6:00PM Poker	8:00AM Breath & Stretch 10:00AM Quilt & Yarn 10:00AM Yoga w/ Natasha) 11:00AM Strength Training 1:00PM Mahjong 6:15PM Adult Ballet 6:30PM Texas Hold Em	9:30AM Water Aerobics 10:00AM Hand, Knee & Foot 2:00PM Mexican Train 6:00PM Salsa & Bachata Dance Class	8:00AM Zumba 9:00AM Parent Baby Swim Class 1:00PM Texas Hold Em

# Best of Venice 2025



## From the Other Room

**Blair Post, HAS, BC-HIS, ACA**  
 Board Certified Hearing Instrument Sciences  
 American Conference of Audioprosthology

A couple months back Karen wrote an article about one of our long time clients and his experience with women's voices. Apparently she struck a nerve with a lot of our families. We had quite a few calls about people struggling to hear women's voices clearly.

One gentleman came into our office in response to the article, and yes, I am withholding his name to protect him. He came in and said he is doing well with his hearing aids but has trouble hearing his wife. I asked him some questions, where is she when you don't hear her, what are you doing, how does she get your attention.

His answers caused Karen to burst out laughing. I am sharing this just in case you recognize someone you love in this story.

He couldn't hear her when she yelled from the bedroom while he was in the living room. Yeah, the door was closed.

She would be in the bedroom since he played the TV so loud it hurt her ears. She didn't want to move to a villa for fear of offending the neighbor with a booming TV.

We addressed both issues. First, we installed a TV system so the sound was streamed to him. Now the sound was not coming from the TV so she could be in the room with him. Second, we programmed his aids to have a priority for her voice, since she was willing to come in and talk to him while I was adjusting the program settings.

If you are struggling to hear women's voices clearly or your spouse must leave the room when you watch TV, call me and let us fix this for you.



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Women's Strength Training Class

## STRENGTH FOR HER

Led by Denise Backus, Certified Personal Trainer and Registered Dietitian

- Build strength, confidence, and a stronger body — in just one hour!
- Full-body workouts with dumbbells, bands, and bodyweight.
- Proper form, build strength, bone health, and increase metabolism.
- Simple nutrition tips each week.

When:  
 Mondays at 9:30 AM  
 Thursdays at 11:00 AM  
 Where:  
 Aerobics Room

**\$10/  
 CLASS**  
 Paid to  
 Instructor

Bring water and a mat. Equipment is provided.  
 Must be able to get on and off the floor unassisted.  
 Text or call (516) 578-9256 for more information.

**NEW CLASS**

Women's Strength Training Class

## CHAIR BASED STRENGTH FOR HER

Led by Denise Backus, Certified Personal Trainer and Registered Dietitian

- Chair Based exercises, light weights, slower pace.
- Great for beginners, those with balance concerns, joint issues of anyone wanting a lower impact workout
- Proper form, build strength, bone health, and increase metabolism.

When:  
 Tuesdays at 2:00 PM  
 Where:  
 Aerobics Room

**\$10/  
 CLASS**  
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Bring water. Equipment is provided.  
 Text or call (516) 578-9256 for more information.

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